LEARNING STRATEGIES

FALL 2016 WORKSHOP SCHEDULE

WHY SHOULD YOU ATTEND?

- ★ Gain seven skills essential for academic success.
- Convenient times to work around your class schedule.
- ★ Short, focused workshops with resources & handouts.
- Learn from expert learning strategists.



WHEN AND WHERE?

During each of the weeks listed below, workshops are scheduled at these days and times to accommodate *your* schedule.

- Tuesdays 12:15 1pm
 Room A2309 (Academic Support Centre)
- ★ Wednesdays 2:45 3:30pm
 Room C1520
- Thursdays 10:15 11am
 Room C1520

Sept. 13-15	Bring your "A" game: Getting off to a good start at college
Sept. 20 - 22	Time management
Oct. 4 - 6	Note-taking (academic reading)
Oct.11-13	Studying strategically (for midterms)
Nov. 15 - 17	Building a study schedule for final exams
Nov. 22 - 24	Studying strategically (for finals)
Nov. 29 - Dec. 1	Handling test anxiety and writing your best exam

The Learning Assistance Center (LAC)

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